LIGHTSPEED
MARTIAL ARTS

Date Night
Couples Kickboxing

- Increased feelings of positivity towards your significant other.
- Endorphins make you feel good.
- Quality time.
- Gives you something to talk about.
- Reduces tension.
- Reduced feelings of stress and anxiety.
- Achieve goals together.

Thursday, Februdary 10th
7-8pm

$20 per couple

includes polaroid picture!